



# BMI AS A RISK FACTOR FOR POPF FOLLOWING CLASSICAL PANCREATODUODENECTOMY

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## CONCLUSION :

- Obesity is not a risk factor for Pancreatico-duodenectomy (PD) specific complications in our study
- Obesity shows no significant effect on intraoperative difficulty
- Validated risk factors for POPF ( fatty pancreas, small MPD diameter)
- Limitations: A higher sample size is required to prove malnutrition related postoperative morbidity

## INTRODUCTION :

- POPF has an incidence of 19.2% following PD with a clinically relevant pancreatic fistula rate (CR-POPF) of 11.1%
- Obesity increases intraoperative difficulty and postoperative complications following GI surgery
- The aim is to study the effect of obesity on POPF and other procedure specific postoperative complications
- To identify risk factors for POPF

## MATERIALS AND METHODS :

- Ambispective observational study with 106 patients
- From 2018 to 2023
- 106 patients categorized based on BMI (WHO classification for Asian populations)

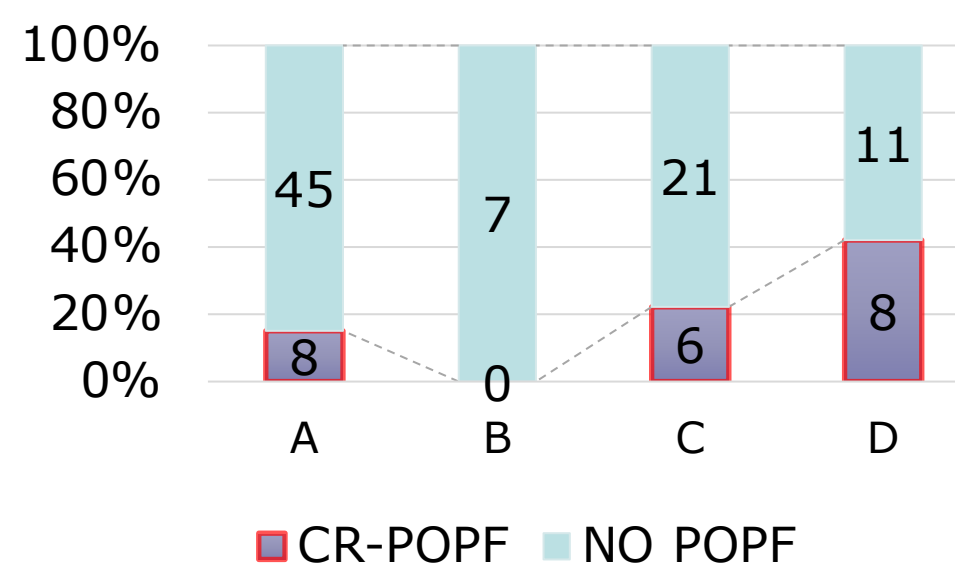
## RESULTS :

- Obesity did not show significant intraoperative difficulty (blood loss [p-0.083]; duration of surgery [p-0.115])
- The rate of postoperative pancreatic fistula was 34.9%; CR-POPF of 20.7%
- Obesity did not influence the development of POPF in our study(p-0.268)
- Risk factors for POPF: A *soft pancreas* (p-0.001), *smaller MPD diameter* (p-0.021), and a *high pancreatic fistula risk score* (p-0.0001)
- Obesity has no influence on LOS or 30-day mortality in our study (p-0.549)

## 4- TIER CLASSIFICATION PROPOSED BY ISGPS

TYPES	TEXTURE OF PANCREAS	MPD DIAMETER
TYPE A	NON SOFT	>3MM
TYPE B	NON SOFT	<3MM
TYPE C	SOFT	>3MM
TYPE D	SOFT	<3MM

## CR-POPF RATE



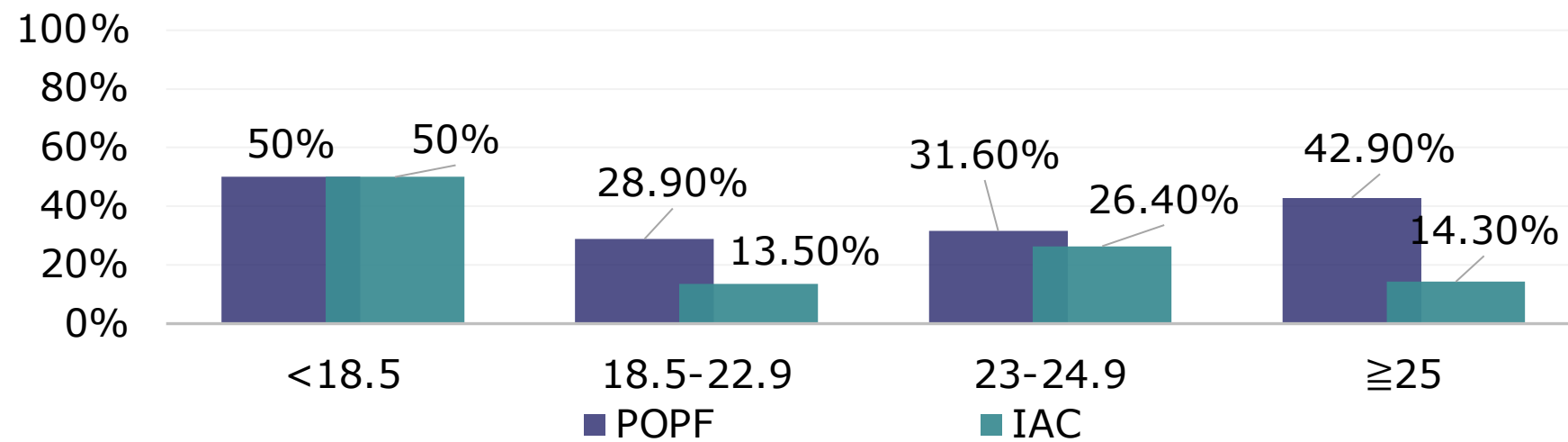
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## EFFECT OF BMI ON PROCEDURE SPECIFIC COMPLICATIONS

Variables	<18.5	18.5-22.9	23-24.9	>25	Incidence	p-value
DGE	5	14	8	6	31.1%	0.637
PPH	3	2	2	1	7.54%	0.147
SSI	6	12	7	5	28.3%	0.384
IACs	7	7	5	3	20.7%	0.020
BILE LEAK	2	2	1	1	5.66%	0.511

## INFLUENCE OF BMI ON POPF AND IAC



## BMI NO POPF POPF POPF RATE

BMI	NO POPF	POPF	POPF RATE
<18.5	7	7	50%
18.5-22.9	37	15	28.84%
23-24.9	13	6	31.57%
>25	12	9	42.85%

## REFERENCES :

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